

Junior High Baseball Conditioning 2024

Date	Location	Time	Grade
1/8/2024	Baseball Building	3:00-5:00	7th/9th
1/9/2024	Baseball Building	5:00-7:00	8th
1/17/2024	Baseball Building	3:00-5:00	7th
1/18/2024	Baseball Building	3:00-5:00	9th
1/22/2024	Baseball Building	3:00-5:00	8th
1/24/2024	Baseball Building	3:00-5:00	7th
1/25/2024	Baseball Building	3:00-5:00	9th
1/29/2024	Baseball Building	3:00-5:00	8th
1/31/2024	Baseball Building	3:00-5:00	7th
2/1/2024	Baseball Building	3:00-5:00	9th
2/8/2024	Baseball Building	3:00-5:00	8th
2/13/2024	IHS Gym	3:00-5:00	7th
2/15/2024	Baseball Building	3:00-5:00	9th
2/20/2024	IHS Gym	5:30-7:30	8th
2/21/2024	IHS Gym	5:30-7:30	7th
2/22/2024	Baseball Building	3:00-5:00	8th
2/26/2024	Baseball Building	3:00-5:00	7th/9th
2/27/2024	IHS Gym	3:00-5:00	8th

REMIND SIGN UP

Tell people to text @svjhcond24 to the number 81010

They'll receive a welcome text from Remind.

If anyone has trouble with 81010, they can try texting @svjhcond24 to (240) 297-4477.